

# Wilson Memorial High School Emerald Regiment

## Band Camp Itinerary – July 21-25, 2024

### Sunday, July 21

- 3:30 PM - Arrive at WMHS for inspection and loading.
- 3:45 PM - Load band truck and equipment  
each person allowed one suitcase and one carry-on. (girls may choose to use hairdryers and curling irons in groups)
- 4:30 PM - Depart WMHS
- 5:30 PM - Arrive at Highland Retreat. HR phone number (540) 852-3226 for parents to contact in case of emergency. Cell service is spotty at best.
- 6:00 PM – Move in, set up rehearsal spaces, sleeping rooms, and eat dinner.
- 7:30 PM – Rehearsal.
- 10:00 PM - Curfew. Remember, we have chaperones that also need to sleep as they are preparing your morning breakfast before you get up. Please follow all rules regarding curfew and lights out. This is a working camp, not a play and prank camp. Foolish pranks will be dealt with severely and may result in a trip home for students involved.
- 10:30 PM - Lights out!

### Monday, July 22

- 7:30 AM - Breakfast served in lower dining area.
- 8:15 AM – Leadership Team Meeting (rehearsal hall)
- 8:45 AM - Marching Warm-up & fundamentals.
- 9:15 AM - Music & Drill on the field will be worked together. Each person will be supplied with music and 5 drill chips. Please bring your device pre-loaded with DBN Reader and our show loaded. Do what you can to mark these carefully so they are not confused with other people. You will need to supply a pencil and your instrument. NOTE: marching and drill will be done with tennis shoes only, NO sandals or bare feet. Please come prepared. Breaks will be built in as needed. You may wish to have a cooler filled with water.
- 12:00 Noon - Lunch
- 1:00 PM - Music rehearsal in lodge. Guard will work outside, shaded when possible.
- 2:15 PM – Sectional work. Each section will have 50 minutes on your own. We will rotate around to each section to assist with individual needs. This is music rehearsal. If Captains would like time to work on fundamentals, work it out with section leaders. Mr. Baraclough, and Mr. DeSimone may work with sections as well.
- 4:00 PM – Pool Break! Our pool time everyday will be 4:00-5:00. You are not required to use the pool, but this will be the only time each day. A quote from HR guidelines: “Modest attire is required at all times. No bikinis please (at the pool or on the grounds); tankinis covering the midriff are okay. Cover-ups should be worn when not in the pool area.”
- 5:00 PM - Dinner in the lower meeting area.
- 6:00 PM - Music & Drill on the field
- 9:00 PM - Free time.
- 10:30 PM - Curfew

11:00 PM - Lights out!

### **Tuesday, July 23**

7:30 AM - Breakfast served in lower dining area.  
8:15 AM – Leadership Team Meeting (rehearsal hall)  
8:45 AM - Marching Warm-up & fundamentals.  
9:15 AM - Music & Drill on the field.  
12:00 Noon - Lunch  
1:00 PM - Music rehearsal in lodge. Guard will work outside, shaded when possible.  
2:15 PM – Sectional work.  
4:00 PM – Pool Break! And Game Time!  
5:00 PM - Dinner in the lower meeting area.  
6:00 PM - Music & Drill on the field  
9:00 PM - Free time.  
10:30 PM - Curfew  
11:00 PM - Lights out!

### **Wednesday, July 24**

7:30 AM - Breakfast served in lower dining area.  
8:15 AM – Leadership Team Meeting (rehearsal hall)  
8:45 AM - Marching Warm-up & fundamentals.  
9:15 AM - Music & Drill on the field.  
12:00 Noon - Lunch  
1:00 PM - Music rehearsal in lodge. Guard will work outside, shaded when possible.  
2:15 PM – Sectional work.  
4:00 PM – Pool Break! And Game Time!  
5:00 PM - Dinner in the lower meeting area.  
6:00 PM - Music & Drill on the field  
9:00 PM - Free time.  
10:30 PM - Curfew  
11:00 PM - Lights out!

### **Thursday, July 25**

7:30 AM - Breakfast served in lower dining area.  
8:15 AM – Leadership Team Meeting (rehearsal hall)  
8:45 AM - Marching Warm-up & fundamentals.  
9:15 AM - Music & Drill on the field.  
11:30 AM – Move out of lodge and load truck  
12:00 Noon – Lunch  
1:00 PM – Load up and Depart Highland Retreat (Picture on Lodge Steps)  
2:15 PM – Arrive at WMHS. We will all help unload at Wilson and prepare for rehearsal the next day.

### **Friday, July 26**

1:00 PM – Final rehearsal for this week, but at WMHS  
5:30 PM – Picnic meal with parents in auditorium, meal in courtyard outside of band room. This is covered dish. Parents, please plan to bring a dish to share as well as chairs.

What to bring to camp:

1. Cool clothing for 5 days (tennis shoes for marching), 1 warm outfit lodge has AC.
2. Marching shoes, they may be issued on Sunday for new members. Pack extra socks to keep feet dry! It prevents blisters.
3. swimsuits (the retreat does not allow bikinis, one-piece suits only!)
4. Towel(s) for shower and/or pool
5. Sleeping bag or bedding for a twin bed. Lodge rooms are 7 to a room. 3 bunk beds, but one of them has a double bed on the bottom.
6. Pillow
7. Toiletries
8. Footballs, Frisbees, soccer balls. The field is there, let's use it!
9. Band instrument
10. Pencil
11. Cell phones. Northern Rockingham County has one T-Mobile cell tower. It's possible that there will be no cell service. Be prepared for this. The Lodge DOES have wifi. There will be noise restrictions. Please abide or music will be confiscated.
12. Rain gear

There is a game room in our lodge equipped with pool table, ping pong, carpet pool, and foosball. You may wish to bring other outdoor activities with you (football, frisbee, etc.)

We may not use pool outside of scheduled times due to lifeguard schedule. Sorry!

## **Directions to Highland Retreat Summer Band Camp**

Begin on Interstate 81 North  
take exit 257 (Broadway/Mauzy exit)  
at end of ramp turn left (go back over I81)  
after I81 bridge turn right toward Broadway, continue about 4-5 miles  
in Broadway, turn left onto Rt. 259 north (toward Fulks Run/Mathias, WV)  
continue through Broadway, and go about 20 minutes.  
You will pass a road on your left that leads to Bergton/Criders.  
Highland Retreat will be on your right soon after that road.  
HR has 2 entrances, you want the first one.

We are staying in Red Oak Lodge at the top of the Property. Follow road all the way up.